



Asociația Moașelor  
din România

## ACTIVITY REPORT

### 2025

*Together for Midwives. Together for the Rights of All  
Women, Youth, and Adolescents. Together for Health.*

# Mission and Mandate of the Romanian Midwives Association

- The Romanian Midwives Association (AMȘR) is dedicated to strengthening the midwife's role as an autonomous health professional, vital to the healthcare system and the advocacy of reproductive rights. Our mandate focuses on achieving full legislative recognition for the profession, including through reimbursement, and revitalizing specialized education to train the next generation of practitioners to European standards.
- Our strategic directions include integrating midwives into national emergency and humanitarian response plans, as well as expanding universal access to evidence-based community care. Through initiatives such as independent midwifery offices, mobile caravans, and a national helpline, we deliver woman-centered care to where it is needed most.
- Our work is grounded in a firm commitment to ethics, gender equality, bodily autonomy, and non-discrimination. AMȘR advocates for an inclusive healthcare system where every woman and adolescent in Romania has access to safe, empathetic, and high-quality Sexual, Reproductive, Maternal, Newborn, and Adolescent Health (SRMNAH) services.

## Partnerships & Collaboration

We believe strong partnerships multiply impact. AMȘR works exclusively with organizations that share our human rights-based values and commitment to women's health.

### Our approach

- Ethical Standards – Strict criteria for selecting and maintaining partnerships.
- Transparency & Trust – Open decision-making and accountability in all collaborations.
- Mission Alignment – Partnering only with those who promote dignity, equality, and women's rights.
- Strategic Alliances – Collaborations with institutions and networks such as UNFPA, ANES, DGASMB, ICM, PUSH Campaign, ORGANON, Swimathon, Sector 2 City Hall, The Netherlands Helsinki Committee (NHC), Gender Equality Coalition, Amplify ONG, the Embassy of France, and the French Institute in Romania.

✨ *Together with our partners, we amplify women's voices, strengthen the role of midwives, and build healthier communities.*



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## Impact – 2025

- **3,100+** calls to our SAFELINE (supporting women, youth, and refugees).
- **1,829** parents reached through free prenatal & postnatal courses.
- **851** women and girls received free sexual and reproductive health services and support through midwife consultations (including prenatal and postnatal care, breastfeeding, babywearing, and family planning), safe abortion support, access to contraception, and referrals to specialized services.
- **373** adolescent girls and boys empowered through education & prevention workshops.
- **2,202** beneficiaries supported via community sessions.
- **138** online and in-person midwife-led educational sessions covering a wide range of sexual and reproductive health (SRH) topics, including: family planning, gender-based violence prevention, sexual education, consent, HPV prevention, prenatal and postnatal care, perineal education, and first aid.
- **118** maternity hospitals mapped regarding their maternal & newborn care practices.
- **477** healthcare and social work professionals received training on reproductive and maternal health and rights through specialized workshops covering gender equality, unconscious bias, intersectionality, and practical support for women, adolescents, and marginalized groups.
- International visibility: The conference “Midwives – Essential in Crisis”, organized in partnership with the French Embassy.

## Media Presence

- AMȘR board members were frequently invited to discuss critical topics such as women’s health and reproductive rights, underage mothers, the midwifery profession, medical professional training, access to abortion care, and sexual education. Their contributions appeared across TV broadcasts and written media, including: TVR 1, Euronews, Prima TV, Radio România Cultural, HotNews, Școala9, ELLE, Mindcraft Stories, Opre Roma, Reper Medical, Sibiu în Imagini, as well as international media: Deutsche Welle and MDR (Mitteldeutscher Rundfunk).
- AMȘR issued press releases highlighting its projects and ongoing activities. These were picked up by more than 50 media outlets nationwide, significantly amplifying the visibility, voice, and impact of midwives’ work in Romania.
- Our messages regarding the essential role of midwives in the health of girls, women of all ages, families, and youth in Romania—as well as professional reproductive healthcare, empathy, and equitable access to quality care—reached 2,037,200 views across multiple platforms:

TikTok: **855,700** views

Facebook: **897,100** views

Instagram: **284,400** view

## Community Engagement

- AMșR participated in the 20th edition of **Street Delivery** (September 26–28, Bucharest), speaking openly about reproductive health and the right to equitable, quality care. We provided visitors with information and resources on sexual and reproductive health, pregnancy, birth and postpartum care, breastfeeding, comprehensive sexual education, and menopause, with experienced midwives providing expert guidance rooted in medical knowledge and respect for fundamental health rights.

## Innovation in Education

- “**Empathy in Care**”, an innovative training methodology based on immersive experience, sets a new standard in medical education in Romania by cultivating empathy in clinical practice. The program combines engaging role-playing exercises with professional actresses, theoretical sessions led by a licensed midwife specialized in patient-centered care, and an intersectional approach focused on empathy and patient rights.
- This methodology gained international recognition. AMșR, together with a team of two professional actresses and a midwife, was selected to present it at the **34th Triennial ICM Congress in Lisbon, Portugal (June 14–18, 2026)**, showcasing how experiential learning can transform maternal and reproductive healthcare.



14-18 Iunie 2026, LISABONA [midwives2026.org](https://midwives2026.org)

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**Skills Workshop**  
**Empatie în îngrijire**  
**Cultivarea empatiei în practica clinică**  
**prin jocuri de rol imersive**

Susținut de:  
Irina Mateescu, moașă licențiată  
Silva Helena Schmidt și Ana Turos, actrițe

La Cel de-al 34-lea Congres Trienal al ICM





# AGENDA

1. Introduction
2. Projects
3. Events
4. Media and press release
5. Events
6. Interviews
7. Coalitions and Networks
8. Contact

PROJECTS

## Preventing Repeat Pregnancies in Underage Mothers

In February, we finalized and launched a comprehensive guide aimed at decision-makers in the health sector (at both central and local levels), medical training institutions, healthcare units, and professionals in the field. Additionally, the guide serves as a valuable resource for social workers, health mediators, school counsellors, psychologists, NGO specialists, and other professionals working with minors.

### Swimathon – Preventing Repeat Pregnancies in Underage Mothers: Education for a Better Future

At the Romanian Midwives Association, we advocate for every woman and girl in Romania to have access to safe reproductive health services tailored to her needs and wishes.

The **Preventing Repeat Pregnancies in Minors** project supported comprehensive sexual education for adolescent girls and their communities, emotional support, and access to resources – including contraceptives – to prevent unwanted pregnancies.

The project addresses the serious problem of repeat pregnancies among adolescent girls in vulnerable communities. Official data show that Romania has one of the highest rates of teenage pregnancies in the European Union, with over **16,000 annual births** to girls under 19. Lack of access to comprehensive sexual education, youth-friendly health services, adequate psychological support, and family planning resources contributes to the persistence of this phenomenon. This has significant negative consequences for the social, economic, and educational prospects of young mothers and their children, perpetuating cycles of poverty in disadvantaged communities.

We raised over **RON 38,000**, which helped us deliver 18 educational workshops and provide adolescent girls with access to individual counselling, direct guidance on contraception, and resources to support informed reproductive health choices, helping them make informed decisions about their lives. The project directly reached **288 adolescent girls**.

#### Project Data:

- **Duration:** 1 year
- **Swimathon fundraising goal:** 30,000 RON / **38,034 RON raised**
- **Fundraisers:** 12
- **Outputs:**
  - **288 young women** participated in educational sessions and interactive workshops.
  - **18 workshops** on sexual education, family planning, and preventing repeat births.
  - **1 awareness campaign** and educational media content.
  - **Individual counselling** for 54 direct beneficiaries.

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## SAFELINE

**SAFELINE** is a free support and information service designed to improve access to healthcare and assistance for vulnerable people – particularly youth, women, refugees.

With the support of UNFPA, under the project “*Expanding and Supporting Access to Reproductive Health Services and Support for Vulnerable People and Refugees*”, implemented from May to August, SAFELINE offered a wide range of services to help individuals navigate the healthcare system:

- Assistance with registering with a family doctor and scheduling appointments.
- Referrals to appropriate healthcare services based on individual needs.
- Information on accessing free medication and medical rights, specifically for vulnerable groups and refugees.
- Facilitation of children’s vaccination.
- **Specialized support for women:**
  - + Midwife counselling for women, pregnant women, and parents.
  - + Lactation consultations, breastfeeding support, and childcare guidance.
  - + Postnatal care: consultations for mothers and newborns, home visits.
  - + Prenatal and postnatal education.
  - + Support for cases of sexual and gender-based violence (GBV).
  - + Access to contraception and services ensuring every pregnancy is wanted.
  - + Support for women who have experienced miscarriage.
  - + Education on reproductive health and screening for female cancers.
- Sexual education for parents of children of all ages, covering reproductive health, screening, HPV vaccination, and other relevant topics.
- **Support for youth and adolescents:**
  - + Information and counselling on sexual and reproductive health, GBV, consent, and healthy vs. unsafe relationships.

## Education and Community Outreach

As part of the *Expanding and Supporting Access to Reproductive Health Services and Support for Vulnerable People and Refugees* project, during May, June, and July, we reached **540** expectant mothers, fathers-to-be, and parents through free prenatal and postnatal courses. We also reached women and adolescents through free sessions on sexual and reproductive health and gender-based violence prevention.

Activities were conducted nationwide, serving both Romanian and Ukrainian speakers.

## Participants gained essential information on:

- Pregnancy, childbirth, newborn care, and the postnatal period.
- Prevention, HPV vaccination, screening, and women's health.
- Consent and healthy relationships.
- Parent–child/adolescent communication.
- Family planning and informed decision-making.
- Building confidence, developing autonomy, and accessing appropriate support.

## Results:

- **Over 2,220 calls and messages** received from beneficiaries during the project.
- Beyond the specific project timeline, throughout the rest of the year, AMșR Safeline responded to an **additional 900 requests**, continuing to serve as a key reference point for vulnerable individuals, young people, women, and refugees. The service supported their access to safe, comprehensive, and timely medical care and facilitated their integration into the Romanian healthcare system.

## Main areas of request:

- Registration with a family doctor.
- Medical consultations.
- Vaccinations.
- Women's health counselling (family planning, contraception, screening for female cancers, breast imaging).
- Prenatal education.
- Breastfeeding support.
- Medical translation services.
- Legal counselling.





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# FEEDBACK FROM PARTICIPANTS





*“Your courses are a real treasure for expectant mothers. The information is presented clearly, with care and attention to important details. It’s clear you put your heart into what you do—it’s very important and necessary, and you do it wonderfully. Thank you for the support and valuable knowledge!”* (Original: „Ваши курси — настоящая находка для будущих мам. Информация подаётся понятно, с заботой и вниманием к важным деталям. Видно, что вы действительно вкладываете душу в свою работу, она очень важная и нужная, и вы с ней прекрасно справляетесь. Спасибо вам за поддержку и ценные знания.”)

*“Thank you very much for your work. It is very important to have support during this difficult time.”* (Original: „Привелике дякую за вашу роботу. Це дуже важливо мати підтримку в цей складний час.”)

*“The course was very useful for me and my daughter. We learned about HPV vaccination, which is very important for the health of our children.”* (Original: „Курс був дуже корисним для мене та для моєї доньки. Дізналися про вакцинацію від ВПЧ, що є дуже важливим для здоров'я наших дітей.”)

*“I liked everything. The information was completely accessible and easy to understand.”* (Original: „Все сподобалось. Інформація була повністю доступна для розуміння.”)

*“Thank you, it was very informative. I learned new things about where to turn in cases of various forms of abuse and about HPV vaccination.”* (Original: „Спасибо, было очень познавательно. Узнала для себя новые моменты относительно того куда обращаться если происходит различный абьюз, про вакцинацию папилломавируса.”)

*“Thank you, it was very informative, and I liked that all questions were answered.”* (Original: „Спасибо, было очень познавательно, понравилось, что отвечали на все вопросы.”)

*“Thank you. I received answers to the questions I was interested in. I also learned interesting facts I had never thought about.”* (Original: „Спасибо. Получила ответы на интересующие меня вопросы. Также узнала интересные факты, о которых даже не задумывалась.”)

## Organon – “Your Choice. Your Plan. Your Future.”

This is an information and access program for Long-Acting Reversible Contraceptives (LARC), fully sponsored by Organon Romania.

The program aims to promote long-acting reversible contraceptives – the most effective available options for preventing unwanted pregnancies – and to facilitate free access to these methods for women in vulnerable groups.

Implemented nationwide, the project combines information, education, and direct support activities for girls, women, and healthcare professionals.

### Program objectives:

- Increase awareness and understanding of modern contraceptive options, especially LARC.
- Support informed decision-making in reproductive health.
- Promote free availability of LARC methods for vulnerable women.
- Reduce unplanned pregnancies through access to safe, effective, long-term methods.
- Provide healthcare workers with useful materials and tools for effective patient communication regarding LARC.

**TU ALEGI TU ALEGI VIITORUL TĂU. PLANUL TĂU.**

**CONTRACEPȚIE REVERSIBILĂ CU ACȚIUNE PE TERMEN LUNG VEZI OPȚIUNILE**

**#PlanulMeu #LARC**  
**#CorpulMeu**  
**#NegreacaMea**

Suntem deschise la  
**Asociația Moașelor din România**

## Free Prenatal and Postnatal Education Courses

The Romanian Midwives Association (AMŞR), in partnership with the General Directorate of Social Assistance of the Municipality of Bucharest (DGASMB) and the Bucharest City Hall, launched a series of free prenatal and postnatal education courses for pregnant women, expectant fathers, and new parents in Bucharest.

The prenatal courses are designed for women who are more than 20 weeks pregnant and expectant fathers, while the postnatal courses are intended for parents with children up to one year old. Fathers attending the courses can also obtain the Childcare Certificate, which allows them to extend their paternity leave by an additional ten working days.

In 2025, we organized **74 courses**, attended by a total of **1,829** expectant mothers, fathers-to-be, and parents. The breakdown of courses is as follows:

- 31 prenatal courses
- 31 postnatal courses
- 8 perineal education/re-education courses
- 2 first aid courses
- 1 course on complementary feeding (diversification)
- 1 course on weaning

The courses are held weekly, both in person in Bucharest and online, and are led by licensed midwives and International Board-Certified Lactation Consultants (IBCLC).

We believe the best services are built together with the people they serve, which is why we listen carefully to participant feedback and use it to adapt and improve our work.



# **FEEDBACK FROM PRENATAL COURSES**



*"It was a very useful experience that helped me become familiar with the moment of birth and feel more prepared for it."* (Original: „A fost o experiență foarte utilă, care m-a ajutat să mă familiarizez cu momentul nașterii și să mă simt mai pregătită pentru acesta.”)

*"Very useful information, well-structured and easy to understand. A true pleasure to attend the courses given by Mrs. Livia Toboșaru. Thank you."* (Original: „Informații foarte utile, bine structurate, ușor de înțeles. O adevărată plăcere să particip la cursurile susținute de dna Livia Toboșaru. Mulțumesc.”)

*"I greatly appreciate the wealth of information and the midwife's willingness to communicate."* (Original: „Apreciez foarte mult bogăția de informații și disponibilitatea pentru comunicare a moașei.”)

*"I really enjoyed the course. A lot of very well-structured information, answers to all the questions asked in the room. I felt calmer and much more prepared after finishing the course. Thank you!"* (Original: „Mi-a plăcut foarte mult cursul. O mulțime de informații foarte bine structurate, răspunsuri pentru toate întrebările din sală. M-am simțit mai liniștită și mult mai pregătită după ce am terminat cursul. Mulțumesc!”)

*"As this was the first module I attended and given the topic of great interest to me as a future mother who wants to breastfeed, I left this course feeling much more confident and informed about breastfeeding. The midwife provided valuable information, clearly demonstrating all the techniques necessary for breastfeeding. She answered all participants' questions and curiosities with great patience, including giving recommendations and solutions that do not involve unnecessary costs."* (Original: „Fiind primul modul la care am participat și având o tematică de mare interes pentru mine ca viitoare mamă care își dorește să alăpteze, am plecat de la acest curs mult mai încrezătoare și mai informată în privința alăptării. Moașa a furnizat informații prețioase, exemplificând foarte clar toate tehnicile necesare alăptării. A răspuns la toate întrebările și curiozitățile cursanților cu foarte multă răbdare, inclusiv dând recomandări și soluții care nu implică costuri inutile.”)





*“Very well structured, helpful information, and well presented.”* (Original: „Foarte bine structurate, informații de ajutor și bine prezentate.”)

*“Very useful information, with practical demonstrations using props, which complement them very well.”* (Original: „Informații foarte utile, cu exemplificări practice cu recuzită, care le completează foarte bine.”)

*“An interactive course with extremely useful information. Thank you very much!”* (Original: „Un curs interactiv cu informații extrem de utile. Vă mulțumim frumos!”)

*“Excellent! The courses were very useful! 😊”* (Original: „Excelent! Cursurile au fost foarte utile! 😊”)

*“Very useful, very good information, and many thanks to Livia!”* (Original: „Foarte utile, informații foarte bune, și multe mulțumiri Liviei!”)

*“All I can say is that, after attending three modules so far, I have started to look forward to Tuesdays to learn new and useful things for myself and my husband.”* (Original: „Tot ce pot spune este că, după participarea la trei module până acum, am început să aștept cu nerăbdare ziua de marți pentru a afla alte lucruri noi și de folos pentru mine și pentru soțul meu.”)

*“I attended for the first time the course given by Mrs. Livia Toboșaru. It was a pleasant experience, the information was useful, delivered in a way everyone could understand, supported by real-life examples. We will follow the website and also take part in the next modules.”* (Original: „Am participat pentru prima dată la cursul susținut de doamna Livia Toboșaru. A fost o experiență plăcută, informațiile au fost folositoare, transmise pe înțelesul tuturor, susținute de exemple din viața reală. Vom urmări site-ul și vom participa și la următoarele module.”)



*"I learned new and up-to-date information. We are very satisfied!"* (Original: „Am aflat informații noi și de actualitate. Suntem foarte mulțumiți!”)

*"A very valuable body of information delivered in a way everyone can understand."* (Original: „Un bagaj de informații foarte prețios livrat pe înțelesul tuturor.”)

*"Valuable, very well-structured information. Livia is wonderful!"* (Original: „Informații prețioase, foarte bine structurate. Livia este minunată!”)

*"Rich, clear information, accessible language, warm and sincere attitude."* (Original: „Informație bogată, explicită, limbaj accesibil, atitudine caldă și sinceră.”)

*"Very useful and helpful information. Livia is a professional, she explains everything in a way everyone can understand, and it's a pleasure to listen to her. Congratulations for what you do and much success in all your projects."* (Original: „Informații foarte utile și de mare ajutor. Livia este o profesionistă, explică pe înțelesul tuturor informațiile, o plăcere să o ascuți. Felicitări pentru ceea ce faceți și mult succes în toate proiectele.”)

*"Educational, well-structured, plus relevant answers to questions."* (Original: „Educativ, bine structurat și răspunsuri pertinente la întrebări.”)

*"High-quality and very useful information; we will fondly remember Mrs. Livia when we put the lessons into practice."* (Original: „Informații de calitate și foarte utile, ne vom aduce aminte cu drag de doamna Livia în momentele în care vom folosi ce am învățat.”)

# FEEDBACK FROM POSTNATAL COURSES



*"It's amazing that such a support group exists for moms!"* (Original: „Este extraordinar că există un astfel de grup de suport pentru mămici!”)

*"I just look forward so much to the next Wednesday! It's so good to have a support group with other moms!"* (Original: „Pur și simplu aștept atât de mult următoarea miercuri! E așa bine să ai un grup de suport cu alte mămici!”)

*"The information is very useful."* (Original: „Foarte utile informațiile.”)

*"Pleasant, welcoming atmosphere."* (Original: „Plăcută, atmosferă primitoare.”)

*"I feel that Livia is exactly what a mother needs! She answered all my questions, even when I repeated myself. She was gentle with me, and oh, how grateful I am!"* (Original: „Mi se pare că Livia este fix ce îi trebuie unei mame! Mie una mi-a răspuns la orice întrebare, inclusiv când m-am repetat. A fost blândă cu mine și doamne cât de recunoscătoare îi sunt!”)

*"Simply, my motherhood experience gets better every time I come to the group. I always learn something from Livia, but also from the other moms. Looooove it!"* (Original: „Pur și simplu, experiența mea de maternitate e mai bună de fiecare dată când vin la grup. Mereu învăț ceva de la Livia, dar și de la celelalte mămici. Looooove it!”)

*"A wonderful place for new moms!"* (Original: „Un loc minunat pentru proaspetele mămici!”)

*"The experience is wonderful, the meetings give me courage and confidence in myself. They help me absorb a lot of information through free discussions with other moms and, of course, carefully and thoroughly guided by the coolest midwife. And the baby also has the opportunity to play and explore with other little ones."* (Original: „Experiența este minunată, întâlnirile îmi dau curaj și încredere în mine. Mă ajută să asimilez multe informații prin discuții libere cu celelalte mămici și, evident, ghidate atent și documentat de cea mai cool moașă. Și bebe are ocazia să se joace și să exploreze alături de alți micuți.”)

*"A very beautiful and united community of mothers. You can share and understand the same emotions, joys, and challenges of motherhood."* (Original: „O comunitate de mame foarte frumoasă și unită. Poți împărtăși și înțelege aceleași emoții, bucurii și provocări ale maternității.”)

## Choose the Midwifery Profession!

As part of our commitment to improving access to maternal care and reproductive health services, we are actively involved in preparing prospective students for admission to midwifery faculties. We believe that investing in their education and training is essential to creating a more equitable and accessible healthcare system.

Through this initiative, we aim to increase the number of qualified midwives and promote the recognition of their vital role in the health of women, families, and communities.

## Midwives' Journal Club - #CuMoaşaAlături – Together for Your Rights and Health

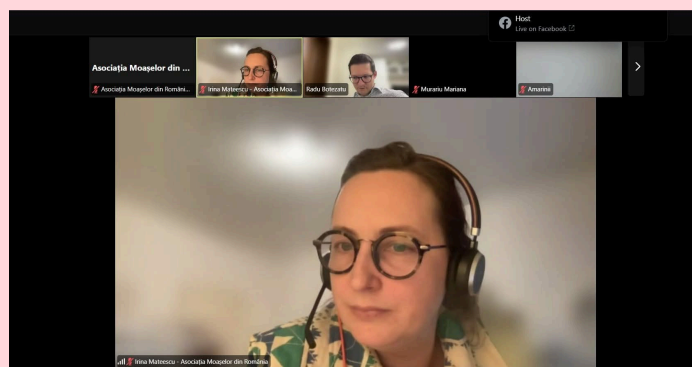
The **Midwives' Journal Club** is a project designed to build a professional community for midwives, nurses working in obstetrics-gynecology departments, and midwifery students. It provides a safe, empathetic space for debate, discussion, and experience sharing through regular meetings.

### Our goals include:

- Providing a safe and empathetic space for professional debate and discussion.
- Building a peer support network.
- Updating professional knowledge in the field of Sexual and Reproductive Health and Rights (SRHR).
- Familiarizing members with the latest research, studies, and best practices.
- Developing skills in critical analysis of scientific literature.
- Encouraging the exchange of professional experiences.
- Combating professional isolation by connecting midwives from diverse practice settings.
- Facilitating mentorship between experienced midwives and those at the beginning of their careers or in midwifery studies.
- Organizing regular meetings and an online forum to continue discussions between sessions.

So far, the Midwives' Journal Club has provided a setting for evidence-based discussions and the sharing of clinical experiences on topics such as:

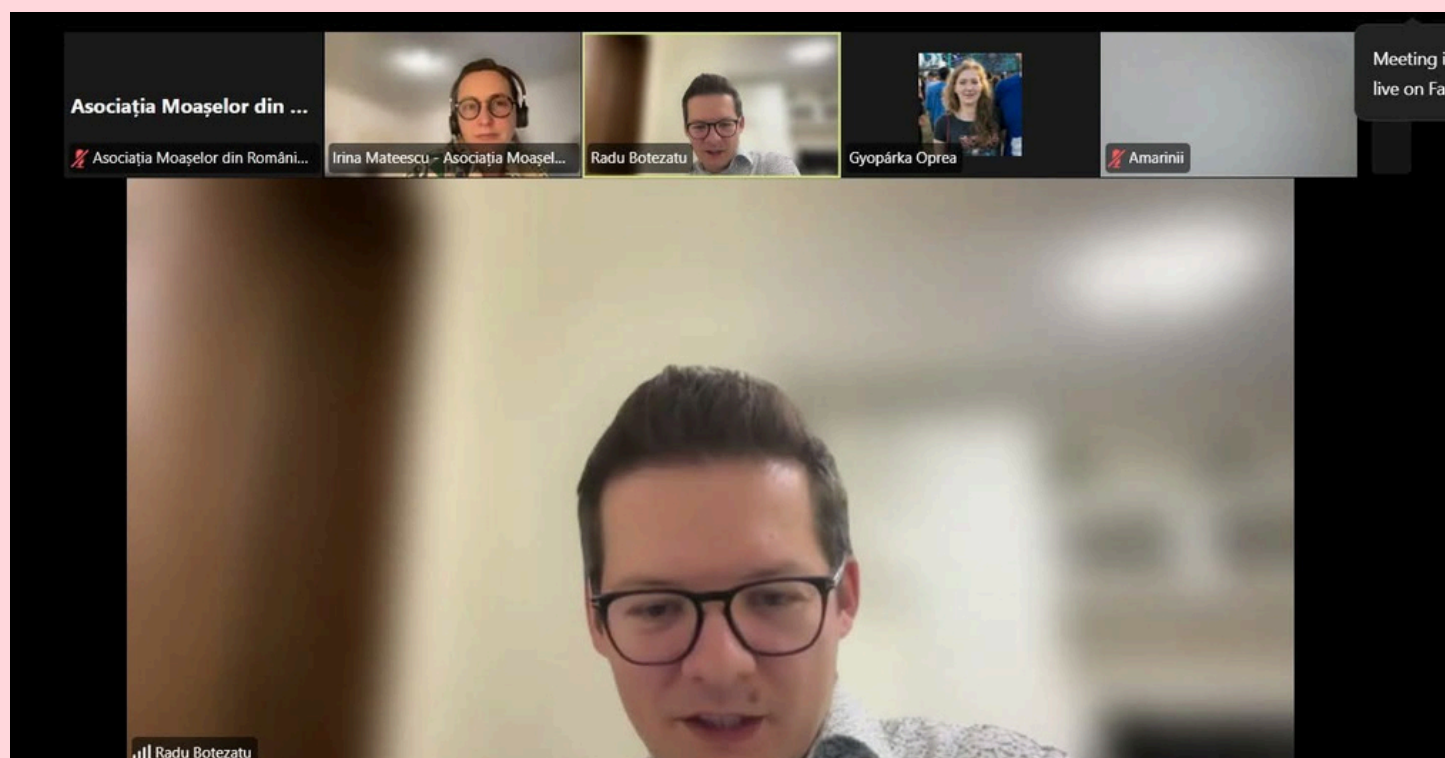
- The role of the midwife.
- Positions during labour and birth.
- Hands-on workshops on birth positions.



Starting October 2025, the *Journal Club* became part of the project “**#CuMoşaAlături – Together for Your Rights and Health**”, implemented with the support of the Netherlands Helsinki Committee (NHC) under the *Catalyst of Change* Program: Monitoring, Advocacy, and Coalition Building for Grassroots Organizations in the fields of women’s rights, environmental justice, and anti-corruption.

Within the project, we aimed to consolidate the community of midwives, OB-GYN nurses, and students, providing a platform for discussions rooted in scientific evidence and clinical experience.

In 2025, as part of the project, we organized two online workshops designed to enhance communication, leadership, and advocacy skills of midwives. These events attracted over **160 participants**, including obstetrics-gynecology specialists, neonatologists, chief physicians, department heads, licensed midwives, midwifery students, nurses, health inspectors, and senior advisors.





## Empathy in Care – Strengthening a Women’s Rights-Centered Health System

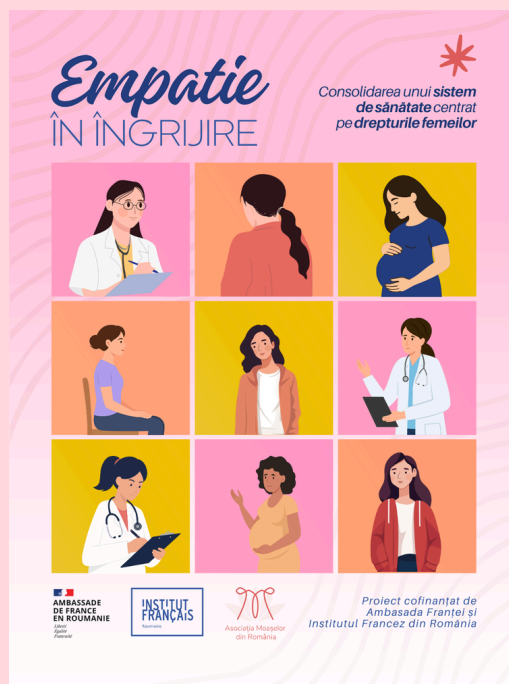
Romania continues to face significant challenges in ensuring respectful and inclusive maternity services, particularly for minors, people with disabilities, survivors of domestic and sexual violence, and women seeking reproductive autonomy.

The project “**Empathy in Care**”, co-funded by the French Embassy and the French Institute in Romania, addresses these issues through an innovative training methodology based on immersive experience:

- Engaging role-playing exercises with professional actresses.
- Theoretical sessions led by a licensed midwife specialized in patient-centered communication and care.
- An intersectional approach focused on empathy and patients’ rights.

### Through this project, we aim to:

- Increase women’s access to clear, evidence-based information on sexual, reproductive, maternal, neonatal, and adolescent health, helping them understand their rights, available services, and prevention options.
- Educate families about the essential role of midwives in ensuring safe pregnancies, respectful births, and healthy early childhood development.
- Support adolescent mothers and women in vulnerable situations, reducing the risk of repeat adolescent pregnancies and improving access to family planning, sexual education, and consent awareness.
- Encourage communities to openly discuss reproductive health and build trust in midwives as healthcare professionals who listen, guide, support, and provide medical services.
- Support midwives in developing communication and advocacy skills, empowering them as change leaders to better represent women’s needs and rights within the healthcare system.



## Our objectives include:

- Training at least **100 healthcare professionals** from three maternity hospitals (midwives, nurses, doctors, department heads, medical directors, care directors, and managers).
- Implementing an innovative training model, including role-play with professional actors, debriefings, and a theoretical module led by a licensed midwife.
- Advocating for the inclusion of this training model in initial and continuous medical education programs.

During the first training session at Miercurea Ciuc County Emergency Hospital on December 8, 2025, **74 maternity staff members** participated. The project will continue in 2026 by training healthcare professionals from two additional maternity hospitals in the country.



## District 2 Grows Healthily with Us – Support for Mothers, Children, and the Community

With support and non-reimbursable funding provided by the Sector 2 City Hall of Bucharest, this project focused on counselling and assisting residents at risk, while promoting community health.

We addressed urgent needs for health education, medical support, and maternal care in vulnerable communities within Sector 2 through an integrated intervention coordinated by licensed midwives. Our approach combined direct services in education, counselling, information, and community support.

### Activities included:

- Educational sessions for pregnant women, underage mothers, parents of young children, and adolescents.
- Individual counselling and home visits.
- Promoting a culture of health based on prevention, information, and empathetic support.
- Reproductive health education.
- Case management for underage mothers.
- Childcare (puericulture) guidance.
- Prevention of gender-based violence.
- Prenatal and postnatal education and care.

Proiect cofinanțat de  
**PRIMĂRIA  
SECTORULUI 2  
MUNICIPIUL BUCUREȘTI**

Asociația Moașelor  
din România

**CURSURI ȘI SERVICII GRATUITE  
PENTRU FEMEI, TINERI ȘI ADOLESCENȚI  
DIN CATEGORII DEFAVORIZATE DIN SECTORUL 2**

Sectorul 2  
SE DEZVOLTĂ  
SĂNĂTOS CU NOI  
Sprijin pentru mame, copii,  
comunitate

- ✓ **Cursuri și consiliere pentru mame minore**
- ✓ **Cursuri de sănătate sexuală comprehensivă pentru adolescenți**
- ✓ **Cursuri de educație prenatală și pentru sănătatea reproducerii**
- ✓ **Consiliere cu moașa la domiciliu sau online după naștere**
- ✓ **Formare pentru profesioniștii DGASPC Sector 2**

**ÎNSCRIE-TE**

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Licensed midwives, IBCLC lactation consultants, and gender equality specialists provided free courses on reproductive health, pregnancy, childbirth, newborn care, and the postnatal period. Additionally, we conducted postnatal support visits, breastfeeding counselling for mothers, and professional training sessions for the staff of DGASPC Sector 2, contributing to improved awareness and a stronger community support network.

### Specific Outcomes:

- **83 pregnant women** received prenatal education.
- **116 women** received education on reproductive health, cancer prevention screening, and the prevention and management of gender-based violence.
- **92 women** attended courses, information sessions, and counselling on family planning and informed consent.
- **31 pregnant women and minor mothers** participated in interactive educational sessions, gaining knowledge on pregnancy and pregnancy prevention, reproductive rights, personal hygiene, and access to medical and social services.
- **81 mothers** received education on childcare, nutrition, accident prevention, and vaccination.
- **30 mothers** received support and counselling through home visits or online sessions on postnatal education, breastfeeding, newborn hygiene, and nutrition.
- **157 adolescents** participated in courses covering sexual and reproductive health, contraception, HPV vaccination, consent, healthy relationships, the prevention of abuse and gender-based violence, and the prevention of unwanted pregnancies.





### Total Impact:

- A total of **50 educational sessions** were conducted, reaching more than **740 individuals**.

Another significant outcome of the project was the training of **124 professionals** from DGASPC Sector 2. They participated in professional development courses focusing on sexual and reproductive health, health education, childcare, and gender-based violence prevention, acquiring essential skills and knowledge applicable to their work with disadvantaged populations.

Additionally, **32 girls and women** received counselling and information on long-acting reversible contraceptive methods; they have either received or are scheduled to receive free contraceptive implants.

To maximize impact, the project also implemented broad awareness and information campaigns focusing on health education, the prevention of teenage pregnancies, female cancer prevention, and combating gender-based violence.



# **MEDIA & PRESS RELEASES**



## Launch of the Guide for Preventing the Recurrence of Teenage Pregnancies

In February 2025, we launched a comprehensive **Guide dedicated to preventing the occurrence and recurrence of teenage pregnancies**. This initiative was a direct response to the alarming rates of births and recurrent births among minors recorded in Romania in recent years. The Guide serves as a vital tool for decision-makers, professionals in health, education, and child protection, as well as the public, aiming to bolster prevention, intervention, and protection efforts.

The document was developed as part of the project “**Focus on Teenage Mothers: Awareness and Action**”, financially supported by the Embassy of the Kingdom of the Netherlands. Through this project, over **14,000 young mothers and adolescents** benefited from counselling, support, and services in reproductive health.

The launch event took place at UNICEF Romania, bringing together representatives from central authorities, international organizations (UNICEF, WHO), academia, and civil society. Participants emphasized the urgent need to integrate health education in schools, train medical personnel on preventing recurrent pregnancies and abuse against minors, and ensure access to long-term contraceptive methods in maternity wards.

The Guide includes relevant statistical data, analyses of medical and psychosocial risks, public policy recommendations, case studies, testimonies from teenage mothers, and tailored intervention solutions for girls in vulnerable situations, including those in maternal centers.

## Free Prenatal and Postnatal Education Courses for Parents in Bucharest

In partnership with the General Directorate of Social Assistance of Bucharest Municipality (DGASMB) and the Bucharest City Hall, we announced the launch of a program offering **free prenatal and postnatal education courses**, dedicated to pregnant women, expectant fathers, and new parents in the capital.

The initiative aims to support maternal and infant health by providing access to accurate information, emotional support, and practical counselling, all grounded in the latest scientific evidence. This program is part of a broader protocol signed between AMșR and DGASMB to promote reproductive health, prevent gender-based violence, and support women and children through specialized services.

This collaboration strengthens the local authorities' commitment to inclusive public policies and concrete support for families, especially those at the beginning of their journey.

## Free Support for Mothers, Children, and the Community

Between August and October, we conducted activities under the project ‘**Sector 2 Grows Healthily with Us – Support for Mothers, Children, and the Community**’. This initiative was dedicated to the health of women, adolescents, and young people, as well as strengthening the support provided by social care professionals.

With the support of the Sector 2 City Hall, we provided **free support to 746 beneficiaries**. The project brought a series of free courses to the communities of Sector 2 for women, young people, and adolescents—including pregnant women and minor mothers—along with postnatal support visits and professional training sessions for the staff of the Sector 2 Directorate General of Social Assistance and Child Protection (DGASPC).

Licensed midwives, IBCLC lactation consultants, and gender equality specialists delivered free courses on reproductive health education, pregnancy, childbirth, newborn care, and the postnatal period. They also provided postnatal support visits and breastfeeding counselling for mothers, alongside professional training for DGASPC Sector 2 staff, contributing to improved awareness and a stronger community support network.

EVENTS

**International Conference – "Midwives: Essential in Crisis"** May 9, Institut Français de Roumanie, 77 Dacia Blvd., Bucharest

On May 8–9, 2025, the international conference **"Midwives – Essential in Crisis"** took place as part of the project **"Health for All of Us"**, implemented by the Romanian Midwives Association in partnership with the E-Romnja Association, the Society for Contraceptive and Sexual Education (SECS), the Sexul vs. Barza Association, the Partnership Center for Equality (CPE), and the FILIA Center, with the support of the French Embassy in Romania and the Gender Equality Coalition.

Held at the Institut Français in Bucharest, the event highlighted the vital role of midwives in crisis contexts and their contribution to strengthening health systems.

The conference brought together **36 participants**—midwives from Romania and abroad, doctors, students, and experts in maternal and reproductive health—for an interactive program that included workshops, presentations, training sessions, professional debates, and an immersive role-playing exercise.

Participants rated all activities with the highest score (5/5), praising the trainers' professionalism, the applicability of the content, and the collaborative atmosphere. Topics addressed included breastfeeding support, postnatal care, mother and newborn monitoring, first aid in obstetrics wards, and labour and birth positions.

The immersive role-playing activity was considered a powerful tool for learning and self-reflection, significantly impacting participants' understanding of the social and cultural realities faced by patients. It reinforced the concept that the midwife plays not only a medical role but also a profoundly human one in supporting pregnant women in risky or vulnerable situations.



The event contributed to strengthening the recognition of the midwifery profession in Romania and developing an informed, supportive professional community prepared to respond to perinatal health challenges. The conference validated the role of the midwife as an essential professional in the perinatal care team.



*“The importance of the midwife’s role was highlighted once again – not only as the first point of contact for the patient with the medical system and a trusted person, but also as an essential link to associations and organizations that provide support for disadvantaged social groups, abused persons, or those in at-risk situations.” (Original: „A fost subliniată încă o dată importanța rolului moașei, nu doar ca prim contact al pacientei cu sistemul medical și persoană de încredere, ci și ca o verigă esențială către asociații și organizații care oferă sprijin categoriilor sociale defavorizate, persoanelor abuzate sau celor aflate în situații de risc.”)*

*“The conference offered me useful and practical perspectives that will help me better support mothers and newborns. It was an experience that strengthened my empathetic and attentive approach to postpartum care.” (Original: „Conferința mi-a oferit perspective utile și practice, care mă vor ajuta să susțin mai bine mamele și nou-născuții. A fost o experiență care mi-a consolidat abordarea empatică și atentă în îngrijirea postpartum.”)*

**Participants identified several steps that can be taken immediately to strengthen the midwife's role as a leader:**



*“Effective communication within the care team, emphasizing the importance of each team member’s professional role, insisting on clearly defining and taking responsibility for the specific duties of the midwife’s profession with maximum seriousness. - Quality care centered on the woman’s needs through continuous development of communication skills, emotional support, and proper application of medical techniques that can prevent complications and even save lives.” (Original: „Comunicare eficientă în cadrul echipei de îngrijire, cu accent pe importanța rolului profesional al fiecărui membru de echipă, insistând pe trasarea clară și asumarea responsabilităților specifice profesiei de moașă cu maximă seriozitate. Îngrijire de calitate centrată pe nevoile femeii prin dezvoltarea continuă a abilităților de comunicare, de suport emoțional, de aplicare corectă a tehnicilor medicale care pot evita complicațiile și chiar salva vieți.”)*

*“Being still a student, I will first ensure that I have a solid theoretical and practical foundation to provide the best quality medical services when I begin practicing. I will invest in my skills as a future leader and will continue speaking about the role and importance of the midwife whenever I have the opportunity.” (Original: „Fiind încă studentă, în primul rând mă voi asigura că voi avea parte de o fundație teoretică și practică solidă pentru a oferi cele mai bune și de calitate servicii medicale atunci când voi profesa. Voi investi în abilitățile mele ca viitor lider și voi vorbi despre rolul și importanța moașei în continuare atunci când voi avea ocazia.”)*

*“I would connect midwives with family doctors so that each pregnant woman can be recommended the support of a midwife.” (Original: „Aș pune moașele în legătură cu medicii de familie astfel încât fiecărei femei gravide să i se poată recomanda sprijinul unei moașe.”)*

*“A first concrete step I can take starting tomorrow is to apply in practice the knowledge gained about the active role of the midwife and to promote learning and collaboration among colleagues, contributing to the professional development and recognition of midwives as leaders in maternal and infant care.” (Original: „Un prim pas concret pe care îl pot face începând de mâine este să aplic în practică cunoștințele dobândite despre rolul activ al moașei și să promovez învățarea și colaborarea între colegi, pentru a contribui la dezvoltarea și recunoașterea profesională a moașelor ca lideri în îngrijirea materno-infantilă.”)*

## Street Delivery 2025

Our colleagues – Adina Iancu, Izabela Sabou, Adina Păun, and Cătălina Tarasov – together with our volunteers – Parascheva, Bianca, Xenia, Miruna, and Matei – participated in the 20th edition of Street Delivery (September 26–28, Bucharest). Also joining us was Livia Toboșaru from the Romanian Midwives Association (AMȘR). This event served as a vibrant community space for dialogue and reflection on urban life, communication, mobility, women's experiences, and access to information.

At our stand, the midwives hosted 8 free workshops, engaging the community in practical, informative sessions. They spoke openly about reproductive health and the right to equitable, quality care. Visitors were offered resources on menstruation and long-term health, pregnancy, birth and postpartum care, breastfeeding, comprehensive sexual education, and menopause. Experienced midwives provided expert guidance rooted in medical knowledge and respect for fundamental health rights. We distributed 500 informational flyers, allowing us to reach more people in the community with reliable health information.

The event was also an opportunity to meet with **the Romanian President, Nicușor Dan**. We presented the work of midwives and emphasized the urgent need for continued support—specifically the reimbursement of midwifery services outside of hospitals. This step is crucial to saving lives, preventing complications in reproductive, maternal, neonatal, and adolescent health, and strengthening a profession currently at risk of extinction in Romania—the only EU country facing this specific challenge.





# INTERVIEWS

**TVR 1:** Addressing the negative record of teenage pregnancies in Romania, Livia Toboşaru, Vice President of AMŞR, alongside Adina Păun, licensed midwife (AMI), and Dr. Claudia Cojocaru, neonatologist, explained in detail the causes of this phenomenon and outlined the necessary actions to improve the future of young girls in Romania.

The full program can be viewed [HERE](#).

**Timpul Prezent, Radio România Cultural:** The Romanian Midwives Association (AMŞR) and the National Agency for Equal Opportunities between Women and Men (ANES) signed a cooperation protocol on respecting women's rights and ensuring real access to health services and protection against abuse. Irina Mateescu, President of the Romanian Midwives Association, explained what this collaboration means and how and when the proposed objectives will become reality.

The full interview is available [HERE](#) and [HERE](#).

**ELLE Interview:** On obstetric and gynaecological violence, with Irina Mateescu. Irina Mateescu, activist for women's and girls' rights to education and reproductive health services, speaks about a form of violence against women that we have ignored for too long.

The full article can be read [HERE](#).

**Mindcraft Stories:** The Vice President of the Romanian Midwives Association, Gyopárka Oprea, commented for Mindcraft Stories on the case of Adriana Smith, a woman in brain death whose body was artificially maintained to sustain a pregnancy, in the context of anti-abortion laws in Texas. She emphasized:

*"In the case of Adriana Smith, brain death occurred, at which point all bodily functions must be maintained by machines. We are no longer talking about a critical condition, but an irreversible one. Using her body as an incubator for a pregnancy, in these conditions, is far from desirable."*

The full article can be read [HERE](#).

**Sibiu in Imagini:** In a panel organized at the European Parliament by Sibiu MEP Nicu Ștefănuță, entitled “Effective Strategies for Women’s Rights in the EU: From Changing Mentalities to Concrete Policies”, Irina Mateescu, President of AMȘR, highlighted the major challenges facing the midwifery profession in Romania. She stressed that although trained specialists exist, the lack of infrastructure and integration into the public health system means that most cannot practice their profession.

*“Romania has a shortage of approximately 4,000 midwives. We have an insufficient number of specialists who could significantly contribute to reducing maternal and neonatal mortality, preventing teenage pregnancies, and improving sexual education. In many European countries, midwives play a central role in reproductive health, but in Romania, this profession is still viewed with mistrust,”* said Irina Mateescu.

The full article can be read [HERE](#).

**TVR+, Opre roma:** On July 25, the Vice President of AMȘR, Livia Toboșaru, along with Roma feminist activist Roxana Oprea, appeared on the television program Opre Roma, where they spoke about Roma women's and girls' rights to reproductive and sexual health services. They emphasized in the interview how Roma women and girls frequently find it almost impossible to access these rights. Our fieldwork experience, social reality, and experience of collaborating with organisations that fight for Roma women's rights have shown that for Roma women and girls, accessing healthcare services is frequently hindered by several factors, such as racism, classism, biases and discrimination.

AMȘR strives to ensure universal access to quality sexual, reproductive, maternal, and newborn health services, with a focus on women's rights and needs. We believe midwives can play a crucial part in ensuring that women, especially Roma women and girls, have access to high-quality, respectful, non-discriminatory reproductive health care that are focused on their needs.

The full program can be viewed [HERE](#).

**Reper Medical:** Izabela Sabou, licensed midwife and AMȘR board member, authored the article “When the Body Whispers Change. About Menopause with Gentleness and Truth.” She speaks about menopause as a profound and often unsettling stage, which never comes alone – but accompanied by questions, insecurities, and the need for answers. Izabela emphasizes that many women suffer in silence due to the lack of adequate language and a safe space in which to openly discuss the changes they are experiencing. The article she authored brings clarity and proposes an empathetic and informed approach to genuinely supporting women in this stage of life.

The full article can be read [HERE](#).

**Școala9:** Irina Mateescu spoke for Școala9 about the lack of comprehensive sexual education in Romania and the essential role midwives could play in filling this gap. She highlighted that young people often have no safe, trustworthy spaces where they can ask questions about sexual and reproductive health, while existing professionals are underused by the public system.

She emphasized: “I have worked with hundreds, thousands of children and young people. I feel they are much more determined somehow. This is an opportunity — we need to offer them something in return. We, as professionals, should meet them halfway, and of course the Romanian state should support its professionals so they can do this work.”

The full article can be read [HERE](#).

**Deutsche Welle:** Romania has only 600 midwives serving a population of 19 million. Largely invisible to the public and overlooked by the healthcare system, midwives continue to fight for better access to sexual and reproductive health for half of the country’s population. In a country marked by deep inequalities, where teenage pregnancies and obstetric violence reach alarming levels, midwives are making sustained efforts to have their voices heard and their profession recognized.

In a report by Kristen Anger, recorded in Bucharest, licensed midwives Livia Toboşaru, Adina Iancu, and Irina Mateescu spoke for Deutsche Welle about the essential role midwives play in the health of women, girls, and young people, as well as the systemic barriers they face in Romania.

The full report can be listened to from minute 09:10, [HERE](#).

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**MDR:** In an article by Annett Müller-Heinze for MDR (Mitteldeutscher Rundfunk), teenage mothers, doctors, midwives, and civil society representatives speak about the structural causes of early pregnancies, including poverty, lack of education, and the state's retreat from preventive reproductive health policies. Irina Mateescu, president of the Romanian Midwives Association, explains in the article the profound psychological and social impact early motherhood has on minors, many of whom remain vulnerable and insufficiently protected after giving birth.

The full article can be read [HERE](#).



## AMşR's Activity in Numbers

### Funds Accessed:

- UNFPA: USD 25,000
- ORGANON: EUR 5,000
- Swimathon: RON 33,427.28
- City Hall of Sector 2: RON 245,667.09
- The Netherlands Helsinki Committee (NHC): EUR 10,000
- Embassy of France and French Institute in Romania: EUR 8,000
- Individual Donations: RON 5,000

### Operational Overview:

- Ongoing Funded Projects: 3
- Staff: 4
- Volunteers: 68 (primarily students from the faculties of medicine and psychology)

## Advocacy and Partnerships

**National Agency for Equal Opportunities between Women and Men (ANES)** In February, AMşR signed a strategic partnership with the National Agency for Equal Opportunities between Women and Men (Agenția Națională pentru Egalitatea de Șanse între Femei și Bărbați - ANES). Girls and women in Romania must have their rights respected and real access to healthcare services and protection against abuse.

The strategic partnership establishes a joint commitment to develop informational, educational, and support interventions in vulnerable communities. Within this framework, AMşR actively contributes to implementing the actions set out in the protocol, specifically regarding:

- Providing sexual and reproductive health education services;
- Training medical personnel in preventing gender-based violence;
- offering direct support for vulnerable women and survivors of gender-based violence;
- Informing the public about reproductive rights and informed consent;
- Providing healthcare, health education, and prevention services for pregnant women, mothers, and newborns; as well as medical services, navigation, and case management within the medical and social systems for vulnerable people, including refugees.



**Mapping of Medical Services for Women in Romania** In June, the AMşR team made significant progress in assessing midwifery and maternal healthcare services in Romania. For this purpose, we sent an official request to all maternity units in the country, in accordance with Law No. 544/2001 on free access to public interest information.

Our goal is to map maternal healthcare services at the national level, assess the current conditions of maternal and neonatal care, and determine the need for licensed midwives. The letter requests hospitals to provide detailed data (for 2024) on staffing levels – especially the number of licensed midwives working in maternity and neonatology departments – as well as complete statistics on birth procedures (such as vaginal births, caesarean sections, use of epidurals or Entonox, episiotomy rates, and Kristeller manoeuvre usage).

We also sought information on postpartum care practices, hospital protocols, staff training, access for labour support persons, breastfeeding support, Baby Friendly practices, and institutional policies regarding labour monitoring and interventions.

Special attention was given to the issue of underage mothers, including data on births and repeat pregnancies among minors, postnatal access to free contraception, and the existence of referral protocols to social or legal authorities for suspected cases of sexual or gender-based violence involving adolescent mothers. To date, we have received 118 responses from maternity units across the country.

**PUSH Campaign** AMşR actively contributes to promoting The PUSH Campaign, a global initiative coordinated by the International Confederation of Midwives (ICM), aimed at transforming health systems by strengthening the role of midwives as essential providers of woman-centered sexual and reproductive healthcare.

As an official partner in this campaign, AMşR aligns its advocacy and professional training activities with PUSH objectives, helping create a healthcare system where care is co-created with women and where their rights, needs, and preferences are respected. Through its pillars—public, policy, and partnerships—PUSH builds a shared platform for women, midwives, and decision-makers, promoting quality care and lasting changes in health policies.

## Other Key Advocacy Efforts

- **Institutional Partnerships:** Signed agreements with the General Directorate of Social Assistance and Child Protection (DGASPC) Sector 2 and the Arad County Emergency Clinical Hospital to support midwifery services and expand access to education and support for women and families.
- **National Strategy Development:** Participation of two AMşR experts in the Ministry of Health's working group for developing the National Sexual and Reproductive Health Strategy (SRHS).
- **Public Consultation on Obstetric Violence:** Contribution to the public consultation organized by ANES on June 11 regarding the revision of Law 202/2002 and the introduction of the concept of obstetric violence into national legislation.
- **Parliamentary Collaboration:** Active participation in the parliamentary coalition working group, at the invitation of Senator Victoria Stoiciu, Vice President of the PSD for NGO relations and civic dialogue. The group aims to draft legislative proposals on femicide in line with Romania's international commitments to prevent and combat gender-based violence. AMşR's legal expertise is represented by Cristina Chira, the association's lawyer, who strongly advocates for the adoption of clear legislative provisions and effective implementation measures so that women's protection becomes a reality, not just a principle.
- In November, AMşR had the pleasure of being present at the event Feminist futures – fighting fascism & building solidarities, held at the European Parliament. Irinei Mateescu and Livia Toboşaru participated alongside other representatives of NGOs from Romania, at the invitation of Nicu Ştefănuţă, Vice-President of the European Parliament.

The conference aimed to build new narratives and collective strategies capable of offering real alternatives to hatred and to the fascist ideologies that continue to gain ground across Europe. Feminist activists from across Europe came together to discuss concrete ways to defend the rights and safety of the most vulnerable groups, which have been increasingly threatened in recent times: women, migrants, people with disabilities, queer communities, and many others. The discussions also highlighted the lack of free access to maternal, sexual, and reproductive health services provided by midwives in Romania. This reality represents a form of violence against women: a violence caused by an indifferent state, implicitly complicit in the high rates of maternal and infant mortality, excessive cesarean sections, and obstetric violence. According to numerous studies, all of these could be significantly reduced if midwives were integrated, at full scope of practice, in hospital, and out of hospital healthcare services.



## Coalitions and Networks

**Gender Equality Coalition** In April, AMşR joined the Gender Equality Coalition, reaffirming the essential role of midwives in ensuring sexual and reproductive health for girls and women. Access to these services, alongside respect for sexual and reproductive rights, forms a fundamental basis for achieving gender equality. Together with other member organizations, AMşR fights against gender discrimination and for reproductive rights, strengthening joint efforts in these areas.

**ASTRA Network** Complementing its advocacy and institutional strengthening efforts, AMşR is in the process of joining the ASTRA Network—the regional network for sexual and reproductive health and rights in Central and Eastern Europe and Central Asia. ASTRA brings together organizations in the region dedicated to defending women’s rights and ensuring equitable access to sexual and reproductive health services.

**Joining the International Confederation of Midwives (ICM)** AMşR has applied to become an ICM member, dedicated to strengthening the role of midwives as key health professionals and advocates for universal reproductive health and rights. We share in thought and action the principles and values promoted by the ICM, as they align with our core values and aspirations for midwifery and global health. We are thankful for, and actively refer to, all available ICM resources in our continuing efforts to advocate for quality healthcare access and advance the midwifery profession in Romania. ICM membership will significantly enhance our advocacy capabilities and institutional influence, strengthen our impact while validating our commitment to advancing SRMNAH (Sexual, Reproductive, Maternal, Newborn, and Adolescent Health).

***Together, we can transform maternal and reproductive healthcare in Romania.***



# Asociația Moașelor din România

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